

Rufaida College of Nursing
School of Nursing Sciences and Allied Health

Report of CanSupport Walkathon

“WALK FOR LIFE”

February 2,2022

Cancer is the life-threatening disease which can affect the people at any age. Expert says that it can be cured at initial stages but treatment is limited if detected later. People at higher stage of disease with no treatment are supported with palliative care so that their quality of life can be improved and they can die peacefully. CanSupport organisation is working since many years to provide support to the cancer patients by providing “Free of Cost” palliative care.

An awareness fundraising event is organised every year to sensitize people about the rising incidence of cancer in India and to broaden their reach of free of cost “Palliative care” services to the cancer patients. Rufaida College of Nursing has been participating in this social cause with zeal. This year too, a walkathon was organised by Rufaida college of Nursing (SNSAH) on February 2,2022 at 9.30 am. This awareness walkathon was organised in Jamia Hamdard campus.

Students and faculties were encouraged to participate in the walkathon. Students of M.Sc. nursing, B.Sc. nursing, Diploma General nursing Midwifery (DGNM) and teaching and non- teaching staff participated in this cancer awareness walk with great enthusiasm. There were total 37 participants. During the walk Covid-19 guidelines like wearing mask and maintaining social distance were followed. At 9.30 am from Gate no. 3 of Jamia Hamdard the walk commenced and concluded at 11am. Students were briefed regarding CanSupport activities and significance of palliative care for cancer patients followed by the group photo session.

