#### **BEST PRACTICE - 1**

#### 1. Title of the Practice:

Social and Community Outreach initiatives undertaken, as Institutional social responsibility.

#### 2. Objectives of the Practice:

- To collaborate with external group(s)/ individuals/ organizations to enhance the learning experience socially.
- To enhance their societal, and moral, capabilities as well as responsibilities to become better individuals.
- To provide students with support, and guidance, so that it can contribute to holistic student success and the achievement of desired attributes.
- To establish holistic care for the patients admitted to the COVID ward during the pandemic times.
- Maintaining the sound physical as well as mental health of the staff working for COVID-19 patients.
- To provide financial aid to students who lost their parents or those affected by COVID and help them continue with their studies.
- To raise awareness among the community about prevention and preservation of health and the environment.
- To improve the health of people that is totally dependent on hygiene education and sanitation practices that will help them to get a better education with a healthy mind.
- To initiate and work for the upliftment of sex workers, girls, street kids, and transgender by creating awareness, helping them gain education, rehabilitating them or enabling/educating them to develop skills that would help them earn a respectable livelihood.

#### 3. The Context:

Jamia Hamdard has always been committed to the cause of humanity and continues to strive for the upliftment of the needy and the poor. Several activities have been organized related to social and community outreach. These activities develop a sensitization among students, faculty and staff.

#### 4. The Practice:

#### a. Health Camps

Several health camps were organized for community outreach in adjoining areas of the university. Most of these camps were organized by various departments of SUMER (School of Unani medicine Educational research). There were free camps catering to the needs and health issues of different age groups and are related to maternal and child health, and other health related camps have been organised at various places at New Delhi. Free distribution of medicines was also initiated in many camps. Besides, many other camps have also been organised.

## b. Catering to the needs of acceptance, awareness, and education to girls, street kids, sex workers, and transgender

School of Management & Business Studies, has in the past five years organised several activities related to above aspect. Some are listed below:

- Informal School project for Street kids and also Mother and Child Health Programme (MCH) in Partnership with DMCI (Distress Management Collectives India). Informal education to the street kids of Nizamuddin, Nehru Place, Leprosy Colony, Lajpat Nagar, Mayur Vihar, and Sector 48 Noida, who do not get the opportunity to become a part of the formal education system was involved and reached out. Camps to generate awareness regarding mother and child health issues in the slum areas of Nehru Place and Nizamuddin were organized and education material for about 500 kids was distributed.
- Sanitary napkins' project of DMCI focused on menstrual hygiene among adolescent girls and women in streets and slums and on implementation of Menstrual Hygiene Programme in which 4,600 sanitary napkins were distributed
- Mid-Day meal project for street kids and Ration distribution organized by Distress Management Collectives India in collaboration with Jamia Hamdard. As part of the project, 15000 mid-day meals were provided.
- Rehabilitation project for sex workers at GB Road Katkadha organized by DMCI in collaboration with Jamia Hamdard. The project focussed on a rehabilitation project for the sex workers to create alternative income generation and livelihood opportunities viz., mask making and decorative items and their sale.
- Department of Healthcare & Pharmaceutical Management, SMBS, has been working on Transgender healthcare in partnership with Association of Transgender Health of India (ATHI) and Two Transgender conferences IPATHCON 2019 & IPATHCON 2020 with theme on "Demystifying Transgender Healthcare: Addressing the felt need" on 1st – 2nd November 2019, and 2020 were held

#### c. Unnat Bharat Abhiyan

Jamia Hamdard in collaboration with NGOs like "Reaching Sky Foundation: A Delhi Based NGO", the Business and Employment Bureau (BEB). And others of the kind like Prajna Foundation and Sewa Bharti performed several social activities. Five Villages namely, Chattarpur, Kalkaji, Deoli, Said ul Ajab, and Mehrauli were adopted under this banner. Several activities performed under outreach were: call for volunteers, orientation sessions, visits to the villages, household surveys, and need analysis. Two projects under UBA were also approved (2019, 2020) worth Rs. 1L each.

As part of the project, the team installed Portable Outdoor Wash Station (POWS), developed a health and sanitation app, and for the betterment of the villagers performed sanitation training, and drive was also organized. People were taught personal hygiene and sanitation through interactive activities by JH-WSHE app. Ten Foot Sanitizer Dispenser (Size 14\*36 inch) with vinyl printing, Lamination, MDF Mounting, and fitted in the iron stand were installed in Sudhar Camp region Kalkaji and previously a thorough interaction with the villagers and related foundations in the village was performed.

#### d. COVID-19 related practices

Activities undertaken during COVID-19 pandemic

Awareness and Prevention for Preparedness Response Training on COVID-19 Pandemic----COVID-19 expertise through online lectures and seminars, training of trainers for and providing financial help to the students orphaned due to COVID was introduced. A special fund "Vice Chancellor's Fund for Benevolence" was created by collecting one day salary of the staff to provide financial support to students who were affected by COVID-19 pandemic or their families affected by COVID-19 pandemic.

#### e. To sensitize the students about the societal responsibilities

Various student chapters/cells/councils conducted activities and events to sensitize the students about the roles and responsibilities they should undertake which would help them to become better individuals. All the outreach activities had huge number of students as volunteers, and active participation was seen. Under these, donations in the form of toys/old clothes, etc. were collected and given to the needy/poor. IEEE Jamia Hamdard student branch performed one such collection initiative on 1st October, 2019.

#### **5. Evidence of Success**

- The team installed Portable Outdoor Wash Station (POWS), developed a hygiene and sanitation app and for the betterment of the villagers performed sanitation training and drive. People were taught personal hygiene and sanitation through interactive activities by the JH-WSHE app.
- Large participation of the needy in health camps speaks volumes about the awareness that was created
- The setting up of COVID center/quarantine center was well appreciated by the government and was a helping hand to their efforts in handling COVID-affected people.
- The conferences organized for transgender had several deliberations and as an outcome it is expected that some collaborations with government agencies/NGOs would be initiated for the empowerment of the transgender.

#### 6. Problems Encountered and Resources Required:

- The major problems encountered were providing follow-up care and referring the patients to tertiary care for further evaluation.
- Procurement of resources required to upgrade as per the patient's needs.
- Convincing the street kids, and villagers to adopt the hygiene aspect in day-to-day lif

#### 7. Note (OPTIONAL)

#### 8. Coordinators/In-charges who has been assigned to the above Best Practice

- a). NSS Coordinators
- b). Dean Students Welfare

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### 7.2.1

Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual

**Best Practice - 1** 

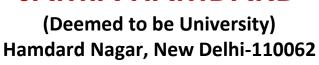
**Title of the Practice:** 

Social and Community Outreach initiatives undertaken, as Institutional social responsibility

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## a.Health camps organized: glimpses





#### AYUSH wellness camp, Unani 15-17 February 2020



Latitude: 28.5154778 Longitude: 77.2504898

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#### Blood donation camp 18 September, 2018



Latitude:28.5154778 Longitude:77.2504898

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Blood donation camp 13 sep, 2021, NCC, Jamia Hamdard in association with rotary Blood bank, organised a voluntary blood donation bank wherein NCC cadets donated blood



Latitude:28.5154778 Longitude:77.2504898

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# ROTARY BLOOD BANK



Denating Blood is a Digine Experience !

## Certificate for Voluntary Blood Donation

Gratefully recognises the valuable contribution of

HIMAN SHU

for voluntarily donating a unit of

Rotary Blood Bank, New Delhi on 13 09/21

PUG SURESH JAIN PRESURENT BOTARY BLOOD BANK

Ann Vinna Dr. ANATO SERMA MEDICAL DIRECTOR ROTARY BLOOD BANK

#### Regional Blood Transfusion Centre

(A Project of Rotary Chiba in Rt District 3011 & 3012): 56-57, Tournishment macro-bonal Area, New Delhi - Httl (62, Phone : 495-11-29034006-49, Pax : 495-11-2605633) Helpfore (\$447); #91-95-5000-0000. E-mail: bloods(trutarybloodbank.org. Website: www.rpfarybloodbank.org

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A health camp was conducted by School of Nursing and Allied Health in rural health center, Madanpur Khadar on 16 March, 2018 on the theme "Care of Women with special emphasis on Nutrition"



Latitude: 28.5381661, Longitude: 77.2994144

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School Camp on adolescent issues and health was organized by Rufaida College of Nursing at Wings Academy school in Tughlaqabad village 12 Nov, 2021



Latitude: 28.5131751, Longitude: 77.2658723

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## Free Health Camp on Healthy Lifestyle at PTS Colony, Malviya Nagar, New Delhi

A one day Health Camp was organized by Rufaida College of Nursing in collaboration with Police Family Welfare Society (PFWS) for families of Delhi policemen, PFWS, Malviya Nagar from 10 AM- 2 PM on 21st December, 2021.



Latitude: 28.5323988, Longitude: 77.1977952

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## Free Health Camp on Healthy Lifestyle at PTS Colony, Malviya Nagar, New Delhi

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Latitude: 28.5323988, Longitude: 77.1977952

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A group health project was organized by School of Nursing and Allied Health on the topic 'NUTRIENTS WE NEED' as a part of our community requirements which was held on 21/12/21 at Badarpur Maternity Health centre Objectives of the programme were to identify and describe the essential nutrients and energy sources, to introduce dietary recommendations for carbohydrates, fat, protein, vitamin and mineral, to create awareness about the disease caused by unhealthy diet and totell about the food hygiene and personal hygiene.

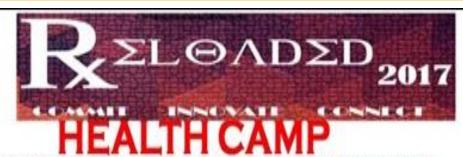


Latitude: 28.4897812, Longitude:77.3032308

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In the remembrance of Late. HAKEEM ABDUL HAMEED, Founder of Jamia Hamdard.

Organized by Pharmacy Practice (Department of Pharmacology)

- ROTARY BLOOD DONATION
  - CAMP
- > PHYSIOTHERAPY
- > HEALTH
  - INSURANCE POLICY Body mass index(BMI)
- VACCINATION (Hepatitis B)

- HEALTH SCREENING CAMP
- (Haematological Tests)
- Blood pressure monitoring(BP)
- Blood group determination
- Blood sugar test(RBS)
- Haemoglobin test(Hb)
- ☐ Spirometry(PFT)

- HEALTH AWARENESS PROGRAM
- Women health awareness
- Cervical cancer
- RTI
- Anaemia
- Osteoarthritis
- Breast cancer(Method of self examination)

Smoking cessation & alcohol abuse

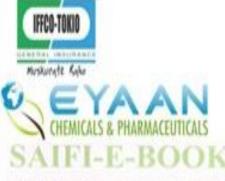
Antibiotics use

Antibiotics resistance awareness

Lifestyle modification

Pharmacovigilance awareness





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#### RX Health camp care



Latitude:28.5154778 Longitude:77.2504898

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# सेहत



# निशुल्क महिला स्वास्थ्य शिविर

महिलाओं के लिए निशुल्क स्वास्थ्य जांच एंवम दवाई वितरण



दिनांकॅ 18-10-2020, रविवार नूर नगर पार्क, जामिआ नगर, ओखला प्रातः 10 बजे से सायं 4 बजे तक

स्वस्थ होगी, तभी तो 'सशक्त' होगी नारी



माताओं बहनों से अनुरोध है की शिविर में आकर अपनी निःशुल्क जाँच करवाएँ

आयोजक: गुलनाज बनो, अभिषेक शर्मा, रुस्तम इकबाल, मेहर नसीम, सुम्मैया खान

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A health camp "SEHAT" for women was organized on October 18, 2020. Pharmacology, SPER, Jamia Hamdard organized a one-day free health camp for women in the Noor Nagar slum area. In this camp free check-ups were provided, more than 100 women were screened for bone density, calcium deficiency, and nutrition distribution assessment. In addition, free medicines were provided to the women.



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# मिरेकलस हैपन फाउंडेशन



# निशुल्क स्वास्थ्य एंवम मधुमेह जांच शिविर



ग्रामवासियों के लिए निशुल्क स्वास्थ्य जांच दिनांक 23-07-2021, शुक्रवार ग्राम सुंदरवल, जिला लखीमपुर खीरी, उत्तर प्रदेश

सभी ग्रामवासियों से अनुरोध है की जाँच शिविर आकर अपनी निःशुल्क जाँच करवाए

स्वस्थ गांव स्वस्थ भारत सेहत सबका अधिकार



आयोजक:मिरेकलस हैपन फाउंडेशन, नई दिल्ली

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The Department of Pharmacology, SPER, Jamia Hamdard in collaboration with the Miracles Happen foundation, organized a diabetic screening and awareness health camp on 23 July 2021 at <u>Sunderwal</u> village of Lakhimpur district, Uttar Pradesh

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Medical camp for poor, at Tughlakabad was organised for the poor, by Unani School





Latitude: 28.5052081, longitude: 77.2778944

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Health and treatment camp at Tughlakabad extension



Latitude: 28,31, Longitude: 77,15

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A free health camp RWA Nilgiri Apartments, Alaknanda on 03rd April 2022 between 7:30 am to 12 pm.





Latitude:28.5279253 Longitude:77.2504621

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#### Eye Camp organised by SNSAH



Latitude:28.5154778 Longitude:77.2504898

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# Free health checkup cum screening camp from 31.3.2022 to 1.4.2022 at Tughlakabad extension, New Delhi





Latitude: 28.5205239 Longitude: 77.2570535

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Free health camp on care of Senior Citizens with Unani Medicine, at 'Kalkaji Senior Citizens Welfare Forum', Kalkaji, New Delhi, organized by Department of Moalejat, School of Unani Medical Education and Research, Jamia Hamdard on 11th March 2018.



Latitude: 28.5399515, Longitude: 28.5399515

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Free health check up on maternal and child health care camp by School of Nursing and Allied Health was organised on 30.1.2020 at Hamdard School



Latitude:28.5154778, Longitude:77.2504898

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To pass on the information and effectiveness of Non-Scalpel Vasectomy (NSV), a one-day in-service education was organized by Rufaida College of Nursing on demand of Maternal and Child Welfare Centre, at Poornima Sethi Multi Speciality Hospital, Kalkaji, New Delhi on 27/12/2021. for ASHAs (Accredited Social Health Activists) working in the outreach area of Kalkaji Centre. The ISE included registration of ASHA workers, pre- test, role play, health education, quiz, post-test and feedback.



Latitude:28.5451550, Longitude:77.2583351

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An outreach programme by School of Nursing and Allied Health was organized with the objective to create the awareness on the antenatal diet, antenatal exercise and family planning on 15<sup>th</sup> December 2021 at Safdarjung Hospital,. The program strategic activities included introduction of the antenatal care, its importance and uses during pregnancy, antenatal diet during the normal pregnancy; pregnancy with GDM, PIH etc, demonstration of the antenatal exercise during pregnancy, family planning methods used to keep gaps between 2 babies followed by role play

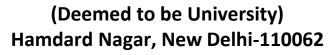


Latitude:28.5686945, Longitude:77.2069167

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18 सितम्बर 2018 जामिया हमदर्द ,नई दिल्ली । आज राष्ट्रीय सेवा योजना, जामिया हमदर्द और सरवोदय संस्था रजिस्टर्ड के साथ मिलके रेड क्रॉस सोसायटी के सहयोग से एक रक्तदान शिविर का आयोजन किया गया। एन एस एस, के संयोजक प्रोफेसर डॉ सय्यद मेहताब अली, और समन्वयक डॉ ख़ुर्शीद अहमद, डॉ शहला नज़ीर, डॉ उज़्मा बानो थीं। इसका उद्घाटन सह कुलपति प्रोफ़ेस... See more



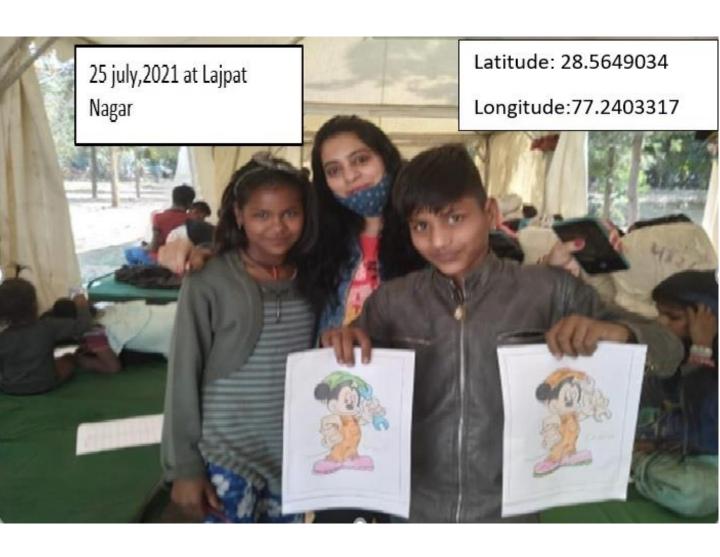


b. Catering to the needs of acceptance, awareness, and education to girls, street kids, sex workers, and transgenders

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#### Educating the street kids initiative heldat various places in Delhi



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# IPATACON 2020, was held for creating awareness for transgender healthcare



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Hamdard Nagar, New Delhi-110062



IPATACON 2019 was held for creating awareness for transgender healthcare



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Department of Healthcare and Pharmaceutical Management

Organizes

**WOOLENS DONATION DRIVE** 

GIVE SOMETHING TO THOSE WHO HAVE NOTHING.

Donate old
Blankets,sweaters,Jackets,Gloves and
Caps-In usable condition\*

Venue:Department of Management studies,Jamia Hamdard.

Date:20-12-2021.

Time-11-3 pm.

For Further Details please contact-

1.Dr.Sakhi John(9871046508)

2.Mr.Jainendra singh(70428 01463)



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Support to Sex workers through The MASK initiative

BREAK THE TABOO. SUPPORT FOR A BETTER LIFE. SUPPORT FOR

# A CHANCE.

It only takes

## A MASK

To save Thousands of life

Buy these masks made by sex workers and provide them a chance for a better life.

Program head: Dr. Sakhi John E. mail: sakhijohn@gmail.com

Phone: 91+9871046508

Student Volunteer: Jainendra Singh

Phone: 7042801463

JOIN THE CAUSE AT JAMIA HAMDARD, DELHI



#### PRESENTED BY:

THE STUDENT COMITTEE OF HEALTH & SOCIAL CARE. THE DEPARTMENT OF HEALTHCARE AND PHARMACEUTICAL MANAGEMENT

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# c. UNNAT BHARAT ABHIYAN

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Hamdard Nagar, New Delhi-110062



# UBA Project Team with kids during hygienic training, DISTRIBUTION OFKITS

September -17 2020, Kalkaji



(Deemed to be University)
Hamdard Nagar, New Delhi-110062



# Hygiene Drive with <u>Sewa</u> Bharti Team in <u>Kalkaji Sudhar</u> Camp Region



(Deemed to be University)
Hamdard Nagar, New Delhi-110062



Installation of sanitizer stands and distribution of hygiene kits at Said-ul-Ajab village, November, 2020



(Deemed to be University)
Hamdard Nagar, New Delhi-110062



**NGO: Reaching Sky foundation** 



(Deemed to be University)
Hamdard Nagar, New Delhi-110062



Installation of Health and Sanitation app in Kalkaji Sudhar Camp Region Oct 10, 2020



Latitude: 28.5434479 Longitude: 77.2565450

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# d. COVID Related Practices

(Deemed to be University)
Hamdard Nagar, New Delhi-110062



Distribution of masks, kits, and medicines free of cost to the needy



Latitude:28.5154778 Longitude:77.2504898

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## Distribution of food kits to frontline workers

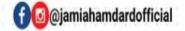
Latitude: 28.5154778, longitude: 77.2504898

HUMANITY FIRST: JAMIA HAMDARD DISTRIBUTES FOOD KITS TO THE FRONTLINE WORKERS AMID THE SECOND COVID-19 WAVE



Following the pandemic and subsequent lockdowns, Jamia Hamdard in collaboration with Hamdard National Foundation (HNF) has undertaken the initiative to provide food kits to the underprivileged that have been the most affected by the ongoing health and financial crisis.

The distribution of food kits is part of a series of philanthropic activities being undertaken under the aegis of the HNF during the holy month of Ramzan.





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### Establishing Quarantine centre at Majeedia Hospital, Jamia Hamdard



Jamia Hamdard establishes 50 beds COVID Care Quarantine Centre for its employees,
Delhi Police and their dependants at Majeedia Hospital, School of Unani Medical
Education and Research. The Centre will provide immediate medical facility for
corona patients and will handle moderately ill patients.

Delhi Police Commissioner Mr. S.N. Shrivastava along with Deputy Commissioner

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A one day free vaccination camp was conducted at Coolie camp, a slum cluster at Vasant Vihar, Delhi on 11th December, 2021 from 10:30 am to 4 pm. This camp was organized by Rotary Club in collaboration with Sankalp Welfare Society with the objective to create awareness on inclusive education and vocational training for underprivileged and marginalized groups



Latitude: 28.5602570, Longitude: 77.1617358

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Hamdard National Foundation and Rotary club with the help of Jamia Hamdard started the Free Vaccination Drive at Majeedia Unani Hospital from October 8, 2021 onwards.



Latitude: 28.5138243, Longitude:77.2519373

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Free Covid-19 vaccination camp at Vasant Vihar on 19 Nov, 2021



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### Covid-19 related initiative



Business and Employment Bureau and Jamia Hamdard in association with Delhi Police, organise two training programmes for ward boys/ attendants,5july, 2021 to 5 august and 2 June-30 june, 2021 facilitated by SNSAH and Unani Hospital

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### Webinars organised



SCHOOL OF UNANI MEDICAL EDUCATION & RESEARCH (SUMER) JAMIA HAMDARD (Deemed to be University) Invites you for an International Webinar

> "Post Corona times: Road ahead" Jamia Hamdard Webinar Series (COVID-19)

> > Under the Patronage of

Prof. Dr. Seved.

Ehtesham Hasnain Vice Chancellor, Jamia Hamdard

and

Dr. Ahmed Kamal

Pro-Vice Chancellor, Jamia Hamdard

Prof. Dr. Suhail Fatima

**Moderator & Admin** Dr. Khursheed A. Ansari Associate Professor, SUMER

Moderator & Admin Dr. Shahid S. Chaudhary

Assistant Professor, SUMER

Monday

3:00 PM

Dean & Medical Superintendent,

Onwards

June 15, 2020

### Our Speakers



Dr. Mukti Advani **Senior Scientist CSIR-Central Road Research** Institute, Govt. of India, New Delhi



Ms. Farhat Azad **Principal Scientist** CSIR-Central Road Research Institute, Govt. of India, New Delhi



Dr. Amir Ali Khan Sr. Scientist **National Institute of** Disaster Management (NIDM), Govt. of India



Prof. (Dr.) Jugal Kishore Director & HoD Dept. of Community Medicine VMMC, New Delhi



Dr. Afshan Muzaffar Shawl Senior Improvement Performance Manager King Saud Medicity

System Analyst

Mr. Mirza Rahil Beg

**Public Relation Officer Technical Analysis** 

Mr. Aas Mohammad

**Technical Coordination Team** 

Team SUMER

Mr. Gulzar Ahmad

Further Details of the programme will be communicated to the selected participants

For more info contact us: 91+8130274128





Limited seats, Entry by First come, First served

June 15, 2020 up to 12 noon E-Certificate will be provided

Interested participants are required

to fill the registration form latest by

Click the link button for registration

(Deemed to be University) Hamdard Nagar, New Delhi-110062



3 p.m - 4 p.m

### Webinars organised



Jupiter Hospital Mumbai

(Deemed to be University) Hamdard Nagar, New Delhi-110062



### Webinars organised



Deemed to be University Recommended as INSTITUTE OF EMINENCE by MHRD, Govt. of India

School of Nursing Sciences & Allied Health Department of Rehabilitation Sciences

Organizes Webinar on



JUNE 28, 2020, SUNDAY 11:00 AM - 1:00 PM

LIMITED SEATS REGISTER NOW

E-Certificates will be provided

Get registered at: https://forms.gle/CVokA72rSeVhXYmN6

For more info, please contact

Dr. Prachi Tiwari (PT) Ph: +91-9811644726 prachitiwari005@gmail.com

Dr. Sahar Zaidi (PT) Ph: +91- 9911047317

sahar@jamiahamdard.ac.in

### UNDER THE PATRONAGE OF:



Prof. Dr. Seyed Ehtesham Hasnain Vice Chancellor



Dr. Ahmed Kamal-Pro Vice Chancellor

### **Key Speakers**



### Dr. Altaf Hussain Mir (PT)

MPT Cardiopulmonary, Physiotherapist, JPNATC, AIIMS

Session on

CASE PRESENTATION ON ARDS IN COVID-19: A PHYSIOTHERAPY PERSPECTIVE



MPT Cardiopulmonary, Physiotherapist, Dept. of Neurosciences Centre, AllMS

Session on

MANIFESTATIONS OF COVID-19: RESPIRATORY & BEYOND



### Dr. Ghufran Jaleel (PT

MPT Cardiopulmonary, Assistant Professor, Dept. of Rehab. Sciences, Jamia Hamdard

Session on

PHYSIOTHERAPY RECOMMENDATIONS & GUIDELINES IN **ACUTE CARE IN COVID-19** 

Panelist

### Dr. Jyoti Ganai (PT)

MPT Cardiopulmonary, Assistant Professor, Dept. of Rehab. Sciences, Jamia Hamdard

(Deemed to be University) Hamdard Nagar, New Delhi-110062



### Webinars organised



### **Our Speakers**



Principal of A&UTC Karol Bagh, New Delhi



Prof. S. Mahtab All HoD, Tashreeh (Anatomy) Former Dean, SUMER Former MS, (MUH) Jamia Hamdard



Prof. (Dr.) 5. Nafees Bano Dept. of Gynecology & Obstetrics Former Principal, **HSZH College, Bhopal** 



Dr. Mohammad Khalld Asst. Drug Controller (Unani) Govt. of NCT, DELHI LICENCING AUTHORITY, Govt. of Delhi

INFORMATION CONTACT US: +91

(Deemed to be University)
Hamdard Nagar, New Delhi-110062



### **Covid-19 related Webinars organised**



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Hamdard Nagar, New Delhi-110062



### **Covid-19 related Webinars organised**



### WOMEN CELL

DEPARTMENT OF COMPUTER SCIENCE AND ENGINEERING SCHOOL OF ENGINEERING SCIENCES & TECHNOLOGY JAMIA HAMDARD

PRESENTS A WEBINAR ON

# **COVID-19 PANDEMIC:**

PERSONAL AND PROFESSIONAL LIFE OF WOMEN



### UNDER THE PATRONAGE OF



ROF, DR. SEYED DR. AHMED KAMI EHTESHAM (Pro-Vice Charcele HASNAM)



SALMA AGHA Singer & Actress (Mumber)

**CHIEF GUEST** 



SUMAN NALWA DCP, Special Branch (New Delhi)



NILOFER KAZMI Former Secretary, UGC (Pune)

### **GUESTS SPEAKERS**



MAMTA TRIPATHI Poet, Hindusteri Classical Singer, Theatre Artist (Shubaneswar)



HUSNARA SALIM (NAHEED) President, Maulene Azad Foundation for Education & Social Amity (Kolkata)



SAJDA KHATOON Assistant Professor & associated with NGO. Initiative of Change (Lucknow)

### ORGANISING COMMITTEE

DR. SAMEENA NAAZ (Coordinator) MS. SHABINA GHAFIR DR. SURAIYA PARVEEN MS. REFIA WIQUAR

REGISTRATION LINK: https://forms.gle/dly/YTqU5JpwcUjeZ7 TIMING: 11 am, 4° June 2020



ALAM (Dean, SEST)

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### **Covid-19 related Webinars organized**

Jamia Hamdard organizes an International webinar on "Post COVID-19 Era: Road Ahead"

In continuation of Jamia Hamdard COVID-19 Series, School of Unani Medical Education and Research (SUMER), Jamia Hamdard organized this event online



School of Unani Medical Education and Research (<u>SUMER</u>) Jamia Hamdard organized the National Webinar on "Caring Heart, Liver and Nervous System" amid SARS nCov2

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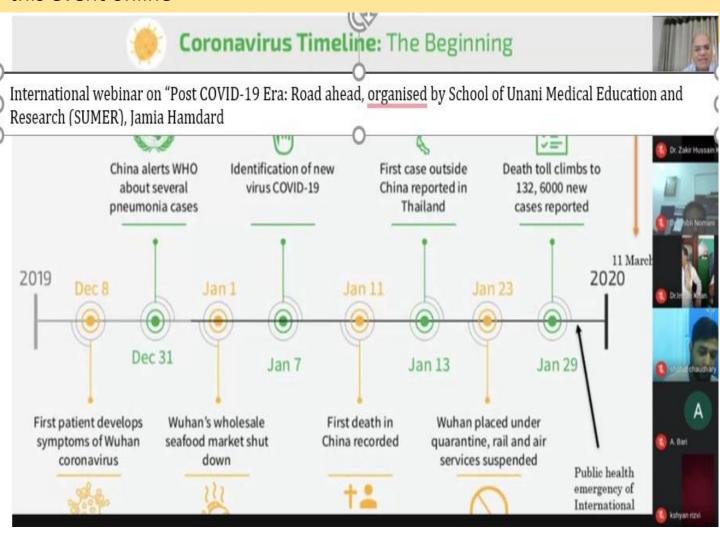


### **Covid-19 related Webinars organised**

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### Consultation provided for queries related to COVID

Do you have any questions about COVID-19 or other medical ailments? Chat online with our doctor from anywhere. We provide you a seamless and hasslefree experience from the comfort of your home. Get qualified medical advice now.





# (Prof) Dr. Arif Zaidi

(MD, PG DHRM, DHA)

Dean, School of Unani medicine Ex Medical Superintendent, Majeedia Hospital





SEND US YOUR DETAILS THROUGH WHATSAPP IN THE BELOW MENTIONED FORMAT. WE WILL CONTACT YOU SOON





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# COVID-19 related financial support to students provided by Jamia Hamdard

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Home > Education > Jamia Hamdard To Provide Financial Help To Students Affected By Covid

# Jamia Hamdard To Provide Financial Help To Students Affected By Covid

As part of the financial help, Jamia Hamdard students orphaned by Covid will be provided with a concession of up to 25 per cent fee and the provision of submitting the fees in installments has been introduced for these students.

Education | Edited by Mridusmita Deka | Updated: Jun 18, 2021 4:22 pm IST

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e.	To sensitize t	the students	about	the	societal
res	ponsibilities				

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### Jamia Hamdard

School of Engineering Sciences and Technology Department of Computer Science and Engineering

IEEE Jamia Hamdard Student Branch and Women in Engineering

# organizes



- . Think for the needy: Donations for the poor
  - Date and Time: 9am-5pm on 1st October, 2019
- "Talk for She":- Eminent speakers
  - Ms. Anuradha Sudan.
  - ( Clinical Dietician, Social Activist, Writer in Dainik Bhaskar, Member WOW India.)
  - · Ms . Rupal Pandya.

(Consultative Selling And Customer Relationships, IBM.)

- . Date and Time: 2-4 pm on 3rd October, 2019
- Celebration: "IEEE Day"
  - . Date and Time: 2-5 pm on 4th October, 2019



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A Social Outreach Programme was organised by School of Law on Consumer Protection Act on 16<sup>th</sup> May, 2022 in the vicinity of Jamia Hamdard, New Delhi.



Latitude: 28.5136616, Longitude: 77.2457240

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Hamdard Nagar, New Delhi-110062



A Legal Awareness Drive on Protection of Women from Domestic Violence in collaboration with Mahila Panchayat (Dakshinpuri) was organised by School of Law on 18<sup>th</sup> February in the vicinity of Jamia Hamdard, New Delhi.



Latitude: 28.5136616, Longitude: 77.2457240



# Jamia Hamdard

(Deemed to be University)

# REPORT

OF
COMMUNITY HEALTH NURSING
ACTIVITIES
(OUT REACH ACTIVITIES)
OF
RUFAIDA COLLEGE OF NURSING
JAMIA HAMDARD

(2017-2021)

### REPORT ON NUTRITIONAL CAMP

MSc Nursing 1st year students conducted a nutritional camp on 7th September 2017 at Urban Health Training Centre, Pul prahaladpur, Delhi under the supervision of Ms. Urmila Bhardwaj and Ms. Anju Hooda.

### **Objectives:**

- Creating awareness about nutrition challenges, the importance of optimal nutrition and creating an enabling environment to mobilize communities to prevent malnutrition.
- Promoting home-level care and behaviour orientation for appropriate infant and young child feeding practices, child care and development, optimal nutrition and care during pregnancy, lactation and better utilization of available services.
- Reaching out to family, pregnant women, mothers, caregivers, adolescent girls, and the community at large.
- Demonstration of low cost nutritious recipes, group discussions on importance of growth monitoring and child nutrition.

### **Beneficiaries:**

Women attending clinic at Urban Health Training Centre, Pul prahaladpur and residing in nearby area.









# REPORT ON ISE PROGRAMS FOR HEALTH WORKERS ON BIO MEDICAL WASTE MANAGEMENT AND DIARRHOEAL MANAGEMENT ON 14/12/2016 AND 29/12/2016

Post Basic Bsc Nursing – 2nd year students conducted two **ISE programs for Health workers**, health inspectors, staff nurse, social workers and other Group- D workers of Urban Health Training Centre, Pul prahaladpur, Delhi on Bio medical waste management and Diarrhoeal management on 14/12/2016 and 29/12/2016 during their CHN posting under the supervision of Ms. Priyanka Bansal.

### **OBJECTIVES:**

- a) To impart knowledge and enhance skills of Health workers, health inspectors, staff nurse, social workers and other Group- D workers in management of biomedical waste and diarrhea.
- b) To gain skill in organizing ISE programmes for the health personnels.
- c) To evaluate the knowledge gain of Health workers, health inspectors, staff nurse social workers and other Group- D workers from ISE programmes.

### **Beneficiaries:**

Health workers, health inspectors, staff nurse, social workers and other Group- D workers of Urban Health Training Centre, Pul prahaladpur.



# REPORT ON PREVENTION AND CONTROL OF CHIKUNGUNYA

A role play on Prevention and control of Chikungunya was organized by Post basic Bsc Nursing – 2nd year students at Jagriti Public School, Sangam Vihar, Delhi during their CHN posting under the supervision of Ms. Priyanka Bansal on 21/10/2016.

### **OBJECTIVES:**

- a) To gain skill in organizing role play as a medium of health education for the community.
- b) To impart knowledge on prevention and control of Chikungunya among the community people.
- c) To evaluate the knowledge gain of community people from the role play.

### **Beneficiaries:**

School students of Jagriti Public School, Sangam Vihar, Delhi.



### REPORT ON HEALTH PROJECT ON CREATING AWARENESS ON BLOOD AND ORGAN DONATION

BSc. (H) Nursing IV year students conducted a group health project on the topic "Creating Awareness on Blood and Organ Donation". The group health project was held on 21st and 29th September 2017 at RHTC Madanpur Khadar under the supervision of Ms. Seema Rani and Ms. Sartaj Parveen

### **Objectives:**

- To educate the community about the importance of blood and organ donation.
- To create awareness about the blood and organ donation.
- To encourage people to support blood and organ donation and come forward for this.

### **Beneficiaries:**

People attending clinic at Rural Health Training Centre, Madanpur Khadar and people residing in nearby area.









## REPORT ON HEALTH PROJECT ON CREATING AWARENESS ON PREVENTION AND CONTROL OF VECTOR BORNE DISEASE BY MOSQUITOES AND FLIES

BSc. (H) Nursing IV year students conducted a group health project on the topic "Creating awareness on prevention and control of vector borne disease by mosquitoes and flies" under the supervision of Ms. Seema Rani and Ms. Anju Hooda on 13th October 2017 at RHTC, Madanpur Khadar from 9am to 11am.

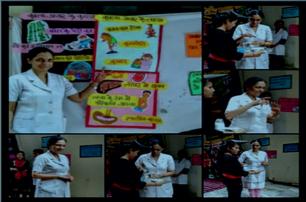
#### **Objectives:**

- To educate the rural community about the importance of prevention and control of vector borne disease.
- To create awareness among the rural community about the ways to prevent and control some prevalent vector borne diseases.
- To teach healthy practices to the community.

#### **Beneficiaries:**

People attending clinic at Rural Health Training Centre, Madanpur Khadar and people residing in nearby areas.







## REPORT ON AWARENESS PROGRAM ON EXCLUSIVE BREAST FEEDING

Rufaida College of Nursing organized an awareness program on Exclusive Breast Feeding on 12th August 2016 at Rufaida Health Centre to educate community people about the importance of exclusive breast feeding for the health of the baby and the mother.

#### **OBJECTIVES:**

- To educate community people about the importance of exclusive breast feeding for the health of the baby and the .
- Proper techniques of breast feeding.
- Educate about infant care and immunization of child.

#### **Beneficiaries:**

People residing in nearby areas of Rufaida Health Centre, Sangam Vihar.



# REPORT ON ROLE PLAY ON PREVENTION OF ANAEMIA AMONG ADOLESCENT GIRLS

A role play on Prevention of Anaemia among adolescent girls was organized by Post basic Bsc Nursing – 2nd year students at Rani Jhansi Sarvodya Kanya Vidyalaya, Tughlaqabad Extn., Delhi during their CHN posting under the supervision of Ms. Priyanka Bansal on 16/12/2017.

#### **OBJECTIVES:**

- a) To gain skill in organizing role play as a medium of health education for the community.
- b) To impart knowledge on prevention of Anaemia among adolescent girls among the community people.
- c) To evaluate the knowledge gain of community people from the role play.

#### **Beneficiaries:**

8th standard girl students of Rani Jhansi Sarvodya Kanya Vidyalaya, Tughlaqabad Extn., Delhi.



## REPORT ON GROUP PROJECT ON AIR POLLUTION

A group project was conducted by DGNM 3rd years in Urban Health training centre, Pulprahladpur on 18th October 2017 on Air Pollution with the following.

#### **Objectives:**

- To create awareness about effect of air pollution on health.
- To educate the people about control & prevention of air pollution.

#### **Beneficiaries:**

People attending clinic at Urban Health Training Centre, Pul prahaladpur and residing in nearby area.





## REPORT ON CREATING AWARENESS ABOUT CHILD ABUSE AND SEX EDUCATION AMONG SCHOOL GIRLS

Post Basic BSc Nursing 2ND year students conducted a group health project on the topic "Creating awareness about child abuse and sex education among school girls" on 21ST November 2017 At Rani Jhansi Sarvodaya Kanya Vidhyalay.

#### **Objectives:**

- **I** To educate the school children about the importance of sex education.
- To teach the school children regarding self-protection and self-defense
- **I** To aware them regarding harassment and child help line.

#### **Beneficiaries:**

8th to 10th standard girl students of Rani Jhansi Sarvodya Kanya Vidyalaya, Tughlaqabad Extn., Delhi.



# REPORT ON CARE OF WOMEN WITH SPECIAL EMPHASIS ON NUTRITION

A health camp conducted in rural health centre, Madanpur Khadar on 16th March, 2018 on the theme "Care Of Women With Special Emphasis On Nutrition"

#### **OBJECTIVE:**

**1** To intensify awareness on the importance for health which has an impact on development productivity, economic growth and ultimately development. Through the health campaign women from all over the world can be educated to maintain their health and how to prevent deficiencies like Anaemia.

#### **Beneficiaries:**

People attending clinic at Rural Health Training Centre, Madanpur Khadar and people residing in nearby areas.









### REPORT ON IN-SERVICE EDUCATION ON "IMNCI"

An in-service education was conducted on the topic "IMNCI" by MSc Nursing students, in Delhi Government Dispensary, Defence Colony in July 2019 for ASHA's and LHV's where they took detailed session on sick child management as per IMNCI protocol.

#### **OBJECTIVES:**

- To impart knowledge and enhance skills of ASHA's and LHV's in management of sick child as per IMNCI protocol.
- To gain skill in organizing ISE programmes for the health personnels.
- To evaluate the knowledge gain of ASHA's and LHV's in management of sick child as per IMNCI protocol from ISE programmes.

#### **BENEFICIARIES:**

ASHA's and LHV's, in Delhi Government Dispensary, Defence Colony.





# REPORT ON IN-SERVICE EDUCATION ON "STROKE AND DIABETIC FOOT CARE"

An in-service education was conducted on the topic "IMNCI" by MSc Nursing students, in Delhi Government Dispensary, Defence Colony in July 2019 for ASHA's and LHV's where they took detailed session on sick child management as per IMNCI protocol.

#### **OBJECTIVES:**

- To impart knowledge and enhance skills of ASHA's and LHV's in management of sick child as per IMNCI protocol.
- To gain skill in organizing ISE programmes for the health personnels.
- To evaluate the knowledge gain of ASHA's and LHV's in management of sick child as per IMNCI protocol from ISE programmes.

#### **BENEFICIARIES:**

ASHA's and LHV's, in Delhi Government Dispensary, Defence Colony.





# REPORT ON GROUP PROJECT ON 'ASSESSMENT OF HEALTH PROBLEMS OF SCHOOL CHILDREN'

A group project on 'Assessment of Health problems of school children' was conducted by Post Basic B.Sc. nursing 2nd year students and DGNM 3rd year students on 15th January 2020. The students were taught hand washing and brushing technique and made aware about worm infestation, healthy habits, balanced diet, harms of junk food, eye care and dental hygiene.

#### **OBJECTIVES:**

- To gain skill in assessment of health problems of school children.
- To impart knowledge among children about worm infestation, healthy habits, balanced diet, harms of junk food, eye care and dental hygiene.
- To improve skills in hand washing and brushing technique.

#### **BENEFICIARIES:**

100 students from V to VII class.











# REPORT ON COMMUNITY AWARENESS PROGRAM ON ORAL HYGIENE

An awareness program on Oral Hygiene was conducted on 4th March, 2021 at Rural Health Training Centre, Madanpur khaddar, New Delhi by students of DGNM III year under the supervision of Ms. Sartaj Parveen and Ms. Anju, Tutors, Rufaida College of Nursing, Jamia Hamdard. The objective of the program was to increase the awareness regarding importance of oral hygiene, diseases caused due to lack of oral hygiene and maintenance of oral hygiene. Approximately 80 people attended the program. The program included discussions, role play and exhibition of charts and posters on oral hygiene. The role play enacted by the students was the focus of attention for the participants. Participants shared their stories and cleared their doubts regarding oral hygiene.



### REPORT ON WOMEN'S DAY CELEBRATION

## THEME: "CHOOSE TO CHALLENGE"

On 8th March 2021, every year, the world celebrates International Women's Day. The Women's day celebration was conducted at VP Singh Camp, Pul Prahladpur by the students of Post Basic BSc. Nursing 2nd year of Rufaida College Of Nursing, Jamia Hamdard under the guidance of Ms. Suchhanda Bhattacharya, along with staff members of Urban Health Training Centre. Around 100 people gathered in the event organized by the students of Post Basic B. Sc Nursing 2nd year.

A role play signifying a woman's life and challenges was performed. At the end of the programme Vitamin A, B Complex and Zinc Tablets were distributed to under 5 children. The ASHA workers and Anganwadi workers were also part of the event.



## REPORT ON SCHOOL HEALTH PROGRAM

School health program was organized by students of DGNM III year on 15th March, 2021 at Govt. Co-Ed Sarvodaya Vidhalya, Phase-III, Madanpur Khadar Extn. New Delhi under the guidance of Ms. Sartaj Parveen and Ms. Anju, Tutors, Rufaida College of Nursing, Jamia Hamdard. The theme for school health program was Sexually Transmitted Diseases along with Assessment of BMI. The program started at 10 am with the assessment of height, weight and body mass index of the students. Health education was given on Health life-style. Health talk was given on sexually transmitted diseases, their symptoms, prevention and treatment followed by discussions with the audience. The students were advised to follow safe sexual practices in their life to prevent STD's. At the end of the discussions, participants were given prizes for their performance in the question & answer session held in the end.





# REPORT ON AWARENESS PROGRAM ON CERVICAL CANCER

An awareness program regarding cervical cancer was organized by students of DGNM III year under the supervision of Ms. Sartaj Parveen and Ms. Anju, Tutors, Rufaida College of Nursing, Jamia Hamdard. Cervical cancer is a highly prevalent cancer among women. While doing family visits, it was felt that the knowledge of women regarding cervical cancer was poor. So, the students organized an awareness camp on Cervical cancer at Rural Health Training Centre, Madanpur Khadar, New Delhi on 17th March 2021 for the people attending OPD and the local inhabitants. Around 100 participants, including staff of the health centre joined the program. The program started at 10 am. The program included discussions, role play and exhibition of charts and posters on cervical cancer.





RUFAIDA COLLEGE OF NURSING JAMIA HAMDARD, New Delhi-110062